# Turbulence and Coherent structures in Bose Gases

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## **Plan of presentation**

• Strongly nonequilibrium BEC formation in a weakly interacting Bose gas (with Boris Svistunov)

weak turbulence  $\rightarrow$  strong turbulence  $\rightarrow$  superfluid turbulence

• BEC formation in a mixture of two Bose gases (with Chen Yin)

increased rate of condensation  $N_2 \approx \frac{1}{4}N_1$ mixture of "drift" and "cascade" scenarios

• Complete families of solitary waves in condensate systems

### **Strongly nonequilibrated Bose-Einstein condensation**

[NGB & Svistunov, Phys. Rev. A 66 013603 (2002)]

$$\mathrm{i}\frac{\partial\psi}{\partial t} = -\frac{\nabla^2\psi}{2m} + U|\psi|^2\psi$$

NLS gives an accurate microscopic description of the formation of a BEC from a strongly degenerate gas of weakly interacting bosons [Levich and Yakhot, JPA (1978); Kagan and Svistunov, PRL (1997)]

Kinetic description of Weak turbulence regime [Zakharov *et al* (1985); Svistunov (1991); Kagan et al (1992); Semikoz & Tkachev (1997); Josserand & Pomeau (2001); NGB & Svistunov (2002); Nazarenko & Zakharov (2005)]

$$\psi(\mathbf{r}, t = 0) = \sum_{\mathbf{k}} a_{\mathbf{k}} \exp(\mathrm{i}\mathbf{k} \cdot \mathbf{r}),$$

KE – equation on "occupation numbers"  $n_{\mathbf{k}} = |a_{\mathbf{k}}|^2$  averaged over ensemble of states.

Criterion of Weak Turbulence regime: frequency of rotation of phases of  $a_{\bf k}\gg$  energy of nonlinear interactions  $k_*^2/m\gg Un_{k_*}k_*^3$ 

NLS in Fourier components

$$i\dot{a}_1 = \frac{k_1^2}{2m}a_1 + U\sum_{234}a_2^*a_3a_4\,\delta_{\mathbf{k}_1;\mathbf{k}_3+\mathbf{k}_4-\mathbf{k}_2}$$

$$\dot{n}_1 = \frac{\partial}{\partial t} a_1^* a_1 = 2UIm \sum_{234} a_1^* a_2^* a_3 a_4 \,\delta_{\mathbf{k}_1;\mathbf{k}_3+\mathbf{k}_4-\mathbf{k}_2}$$

Take ensemble average  $A_{1234} = \langle a_1^* a_2^* a_3 a_4 \rangle$ 

$$\dot{A}_{1234} = i\Delta\epsilon A_{1234} + i2U(n_2n_3n_4 + n_1n_3n_4 - n_1n_2n_3 - n_1n_2n_4)$$

where 
$$\Delta \epsilon = \epsilon_1 + \epsilon_2 - \epsilon_3 - \epsilon_4$$
,  $\epsilon_i = k_i^2/2m$ 

Kinetic equation becomes

$$\dot{n}_1 = \frac{4\pi U^2}{(2\pi)^6} \int d\mathbf{k}_2 d\mathbf{k}_3 \delta(\Delta \epsilon) (n_2 n_3 n_4 + n_1 n_3 n_4 - n_1 n_2 n_3 - n_1 n_2 n_4)$$

where  $\mathbf{k}_1 + \mathbf{k}_2 = \mathbf{k}_3 + \mathbf{k}_4$ .

Characteristic kinetic time  $\tau_{kin}$ :  $\tau_{kin}^{-1} \sim m^3 U^2 \epsilon_*^2 n_{\epsilon_*}^2$ 

### Self-similar cascade solution

Kinetic equation of the form  $\dot{n}_{\epsilon} \sim \epsilon^2 n_{\epsilon}^3$ Conservation of the number of particles  $N \propto \int \epsilon^{1/2} n_{\epsilon} d\epsilon$ Conservation of energy  $E \propto \int \epsilon^{3/2} n_{\epsilon} d\epsilon$ .

*First possibility:* drift of the particle distribution towards lower energies Conservation of particles:  $n_{\epsilon} \propto \epsilon_0^{-3/2}(t) f(\epsilon/\epsilon_0)$ From KE:  $\epsilon_0(t) \propto t - not possible!$ 

Second possibility: particle cascade Divergent integral of conservation of particles Existence of  $t^*$  at which  $\epsilon = 0$ 

 $n_{\epsilon} \propto \epsilon_0(t)^{-\alpha} f(\epsilon/\epsilon_0)$ 

$$f(x) \propto 1/x^{\alpha} \qquad x \to \infty$$

To find  $\epsilon_0(t)$ :  $f(x) = x^{-\alpha}(1 + cx^{-\sigma}) \text{ as } x \to \infty$ but  $n_{\epsilon}(t) = n_{\epsilon}(t^*) + \dot{n}_{\epsilon}(t^*)(t - t^*) + \cdots, \quad \epsilon \gg \epsilon_0(t)$ Consistency with KE  $\epsilon_0(t) \propto (t^* - t)^{1/\sigma}$  where  $\sigma = 2(\alpha - 1)$ ;  $1 < \alpha < \frac{3}{2}$  $\alpha \approx 1.24$  [Semikoz and Tkatchev PRD, 1997]

#### **Strongly Non-equilibrium Bose-Einstein Condensation**

Weak turbulence regime:

$$n_{\epsilon} = A\epsilon_0(t)^{-\alpha} f(\epsilon/\epsilon_0), \qquad t \le t^*$$

$$\epsilon_0(t) = B(t^* - t)^{1/2(\alpha - 1)}$$

with  $m^3 U^2 A^2 \approx \pi^3 \hbar^7 B^{2(\alpha-1)}$ .

Direct Numerical Simulations of NLS:  $\psi(\mathbf{r}, t = 0) = \sum_{\mathbf{k}} a_{\mathbf{k}} \exp(i\mathbf{k} \cdot \mathbf{r})$ 

$$a_{\mathbf{k}} = \sqrt{\xi_{\mathbf{k}} n_0 f(\epsilon/\epsilon_0)} \exp[i\phi_{\mathbf{k}}]$$

where  $\xi_{\mathbf{k}}$  and  $\phi_{\mathbf{k}}$  are random numbers. Grid size N = 256,  $n_0 = 15$ ,  $\epsilon_0 = 1/18$ . Period of amplitude oscillation  $t_p = 2\pi/\epsilon_0 = 113$ . Number of periods before the blow-up is  $P = t^*/t_p \approx 8$ .  $\eta_i(t) = \sum_{i=1}^{(\text{shell } i)} n_{\mathbf{k}}(t) / M_i$ , where  $M_i$  is the number of harmonics in the *i*-th shell



At  $t_0 < t^*$  the self-similarity of solution breaks down  $\Rightarrow$ Regime of STRONG TURBULENCE with formation of QUASICONDENSATE with vortex tangle.

From the dimensional analysis and numerics the characteristic time,  $t_0$ , and the characteristic wave vector,  $k_0$ , at the beginning of the strong turbulence regime are given by the relations

$$t_* - t_0 \sim 40 [\hbar^{2\alpha+5}/m^3 U^2 A^2]^{1/(2\alpha-1)}$$
,  
 $k_0 \sim 40 [AU(m/\hbar)^{\alpha+1}]^{1/(2\alpha-1)}$ .

Separation between lines is of the order of their cores  $\sim k_0^{-1}$ .

Evolution of the integral distribution of particles  $F_k = \sum_{k' < k} n_{k'}$ :



# **Evolution of topological defects**







SUPERFLUID TURBULENCE: Evolution of the vortex tangle  $au_{st} \sim R^2 / \ln(R/a)$ ; R is the interline spacing, a is the vortex core size.

Superfluid turbulence decay: Nore *et al* (1997); Kobayashi & Tsubota (2005)

### Solitary waves in BEC

Cylindrical coordinates  $(s, \theta, z)$ :  $2iU\frac{\partial \psi}{\partial z} = \nabla^2 \psi + (1 - |\psi|^2)\psi$ .

Family of solitary waves [Jones & Roberts, J.Phys A (1982)]



Generalized Pade approximations with the correct asymptotic behaviour [NGB, J. Phys. A, **37**, 1617 (2004)]

Stability: Lower branch is linearly stable. Upper branch is linearly unstable to axisymmetric infinitesimal perturbations, but the growth rates are small. Spectrum  $\sigma^2$  is real and changes sign at the cusp. [NGB & Roberts, J.Phys. A: **37**, 11333 (2004)]

#### **Coupled Gross-Pitaevskii system**

Simultaneous trapping and cooling of atoms in distinct spin or hyperfine levels  $^{87}\text{Rb}$  (JILA, NIST) or of different atomic species  $^{41}\text{K}-^{87}\text{Rb}$  (LENS) Wave functions  $\psi_1$  and  $\psi_2$ 

Number of particles  $N_1 = \int |\psi_1|^2 dV$  and  $N_2 = \int |\psi_2|^2 dV$   $i\hbar \frac{\partial \psi_1}{\partial t} = \left[ -\frac{\hbar^2}{2m_1} \nabla^2 + V_{11} |\psi_1|^2 + V_{12} |\psi_2|^2 \right] \psi_1,$  $i\hbar \frac{\partial \psi_2}{\partial t} = \left[ -\frac{\hbar^2}{2m_2} \nabla^2 + V_{12} |\psi_1|^2 + V_{22} |\psi_2|^2 \right] \psi_2,$ 

 $m_i$  is the mass of the atom of the *i*th condensate; coupling constants  $V_{ij} = 2\pi\hbar^2 a_{ij}/m_{ij}$ ;  $a_{ij}$  are scattering lengths;  $m_{ij} = m_i m_j/(m_i + m_j)$  is the reduced mass. Chemical potentials  $\mu_1 = V_{11}n_1 + V_{12}n_2$ ,  $\mu_2 = V_{12}n_1 + V_{22}n_2$ , where  $n_i = |\psi_{i\infty}|^2$ Dispersion relation  $(\omega^2 - \omega_1^2)(\omega^2 - \omega_2^2) = \omega_{12}^4$ , where  $\omega_i^2(k) = c_i^2 k^2 + \hbar^2 k^4 / 4m_i^2$  with sound velocity  $c_i^2 = n_i V_{ii}/m_i$  and  $\omega_{12}^2 = c_{12}^2 k^2$ where  $c_{12}^2 = n_1 n_2 V_{12}^2 / m_1 m_2$ . Acoustic branches are  $\omega_{\pm} \approx c_{\pm}k$  with  $2c_{\pm}^2 = c_1^2 + c_2^2 \pm \sqrt{(c_1^2 - c_2^2)^2 + 4c_{12}^4}$ . Dynamical stability  $V_{11}V_{22} > V_{12}^2$ 

#### **Condensation in two-component Bose gases**

$$m_1 = m_2, \quad V_{11} = V_{22}$$

$$\psi_1(\mathbf{r}, t=0) = \sum_{\mathbf{k}} a_{\mathbf{k}} \exp(i\mathbf{k} \cdot \mathbf{r}), \qquad \psi_2(\mathbf{r}, t=0) = \sum_{\mathbf{k}} b_{\mathbf{k}} \exp(i\mathbf{k} \cdot \mathbf{r}),$$

Two component Bose gas with  $\lambda = \frac{N_1 - N_2}{N_1} = 0.125$  and  $V_{12}/V_{ii} = 0.6$ 



 $\eta_i(t) = \sum_{k=1}^{(\text{shell }i)} n_k(t)/M_i$ , where  $M_i$  is the number of harmonics in the *i*-th shell



### Surprises, questions etc.

[1] Faster condensation for  $\psi_1$  depending on  $\lambda = (N_1 - N_2)/N_1 \ge 0$ . Fastest for  $\lambda = 3/4$ .

Weak Turbulence regime:



[2]  $\psi_2$  does not condense for  $\lambda > 1/4$  $\psi_2$  is stochastic field of zero mean

[3] Structures created during the condensation?

#### [4] Condensation for $\lambda < 0.25$ ?



KE for  $n_{\mathbf{k}} = |a_{\mathbf{k}}|^2$  and  $l_{\mathbf{k}} = |b_{\mathbf{k}}|^2$ 

$$\dot{n}_{1} = \frac{\partial}{\partial t} a_{1}^{*} a_{1} = 2Im \sum_{234} (U_{11}a_{1}^{*}a_{2}^{*}a_{3}a_{4} + U_{12}a_{1}^{2}b_{2}^{*}b_{3}a_{4}) \,\delta_{\mathbf{k}_{1};\mathbf{k}_{3}+\mathbf{k}_{4}-\mathbf{k}_{2}}$$
$$\dot{l}_{1} = \frac{\partial}{\partial t} b_{1}^{*}b_{1} = 2Im \sum_{234} (U_{12}b_{1}^{*}a_{2}^{*}a_{3}b_{4} + U_{22}b_{1}^{2}b_{2}^{*}b_{3}b_{4}) \,\delta_{\mathbf{k}_{1};\mathbf{k}_{3}+\mathbf{k}_{4}-\mathbf{k}_{2}}$$

After averaging

$$\dot{n}_{\epsilon} \sim \epsilon^{2} [V_{11}^{2} n_{\epsilon}^{3}, \quad V_{12}^{2} n_{\epsilon}^{2} l_{\epsilon}, \quad V_{12}^{2} n_{\epsilon} l_{\epsilon}^{2}] \dot{l}_{\epsilon} \sim \epsilon^{2} [V_{22}^{2} l_{\epsilon}^{3}, \quad V_{12}^{2} l_{\epsilon}^{2} n_{\epsilon}, \quad V_{12}^{2} l_{\epsilon} n_{\epsilon}^{2}]$$

Characteristic kinetic time  $\tau_{kin}$ :  $\tau_{kin}^{-1} \sim m^3 \epsilon_*^2 [V_{11}^2 n_{\epsilon_*}^2 + \frac{1}{2} V_{12}^2 n_{\epsilon_*} l_{\epsilon_*}]$ 

[1] Initially drift scenario becomes possible: eg.  $\dot{n}_{\epsilon} \sim V_{12}^2 \epsilon^2 n_{\epsilon}^2$ Conservation of particles:  $n_{\epsilon} \propto \epsilon_0^{-3/2} f(\epsilon/\epsilon_0)$ 

From KE:  $\epsilon_0(t) \propto t^{-1/(2-3/2(p-1))}$  where p = 2 and

$$f(x) \to x^{-1}, \qquad x \to \infty$$

[2] KE describes the evolution to thermodynamical equilibrium

$$n_{\epsilon}^{eq} = \frac{T}{\epsilon + \mu_1}, \quad l_{\epsilon}^{eq} = \frac{T}{\epsilon + \mu_2}$$

with ultraviolet cut-off  $k_c$ 

Assume  $N_1 > N_2$ : conservation of particles  $\mu_1 \to 0$  for  $T \neq 0 \Rightarrow \mu_2 \neq 0$  $\psi_2$  is stochastic field of zero mean, finite correlation length  $1/\sqrt{\mu}$ .

### Solitary waves: previous work

Rotating condensates

[Kita et al 2002, Mueller and Ho 2002, Kasamatsu et al 2003, Mueller 2004]



Skyrmions (vortons)

[Khawaja and Stoof 2001, Ruostekoski and Anglin 2001, Savage and Roustekoski 2003, Battye et al 2002]





 $V_{11}V_{22} < V_{12}^2$ 

### **Governing equations**

$$2iU\frac{\partial\psi_1}{\partial z} = \nabla^2\psi_1 + (1 - |\psi_1|^2 - \alpha_1|\psi_2|^2)\psi_1$$
  
$$2iU\frac{\partial\psi_2}{\partial z} = \gamma\nabla^2\psi_2 + (1 - \alpha_1|\psi_1|^2 - \frac{\alpha_1}{\alpha_2}|\psi_2|^2 - \Lambda^2)\psi_2,$$
  
$$\psi_1 \to \psi_{1\infty}, \quad \psi_2 \to \psi_{2\infty}, \quad \text{as} \quad |\mathbf{x}| \to \infty.$$

where  $\alpha_i = V_{12}/V_{ii}$ ,  $\gamma = m_1/m_2$  and  $\Lambda^2 = (\mu_1 - \mu_2)/\mu_1$ . Dimensionless units:

$$\mathbf{x} \to \frac{\hbar}{(2m_1\mu_1)^{1/2}} \mathbf{x}, \qquad t \to \frac{\hbar}{2\mu_1} t, \qquad \psi_i \to \sqrt{\frac{\mu_1}{V_{11}n_i}} \psi_i$$
  
ical coordinates  $(s, \theta, z)$ .

Cylindrical coordinates  $(s, \theta, z)$ . Introduce stretched variables z' = z and  $s' = s\sqrt{1 - 2U^2}$ Map infinite domain onto the box  $(0, \frac{\pi}{2}) \times (-\frac{\pi}{2}, \frac{\pi}{2})$  by  $\widehat{z} = \tan^{-1}(Dz')$  and  $\widehat{s} = \tan^{-1}(Ds')$ .

Transformed equations are expressed in second-order finite difference form with  $100^2$  grid points. Newton-Raphson iteration procedure using banded matrix linear solver based on bi-conjugate gradient stabilised iterative method with preconditioning.

#### **Energy and Impulse**

The momentum (or impulse) of the i-th component

$$\mathbf{p}_i = \frac{1}{2i} \int \left[ (\psi_i^* - \psi_{i\infty}) \nabla \psi_i - (\psi_i - \psi_{i\infty}) \nabla \psi_i^* \right] dV.$$

Form the energy,  $\mathcal{E}$ : energy of the system with a solitary wave – energy of an undisturbed system of the same mass

$$\mathcal{E} = \frac{1}{2} \int \left\{ |\nabla \psi_1|^2 + \gamma |\nabla \psi_2|^2 + \frac{1}{2} (\psi_{1\infty}^2 - |\psi_1|^2)^2 + \frac{\alpha_1}{2\alpha_2} (\psi_{2\infty}^2 - |\psi_2|^2)^2 \right\} dV + \frac{\alpha_1}{2} \int \prod_{i=1}^2 (\psi_{i\infty}^2 - |\psi_i|^2) dV.$$

Perform the variation  $\psi_i \to \psi_i + \delta \psi_i$ Discard surface integrals that vanish provided  $\delta \psi_i \to 0$  for  $|\mathbf{x}| \to \infty$ :  $U = \partial \mathcal{E} / \partial (p_1 + p_2)$ 

#### Solitary wave complexes [NGB, Phys. Rev. Lett., 94, 120401 (2005)]

Vortex Ring – Vortex Ring (VR-VR); Vortex Ring – Rarefaction Pulse (VR-RP); Vortex Ring – "Slaved Wave" (VR-SW); "Slaved Wave" – Rarefaction pulse (SW-RP)  $m_1 = m_2$ ,  $\Lambda = 0.1$ ,  $\alpha = 0.1$ 







### **Stability**

 $\psi_i = \psi_{0i}(as, bz)$  a and b are constants.The critical choice is  $a \neq 1, b = 1$ . Define  $\mathbf{p} \equiv \mathbf{p}_1 + \mathbf{p}_2$  $\mathbf{p} = a^{1-D} \mathbf{p}_0$ 

$$\begin{split} \mathcal{E} &= \frac{1}{2}a^{3-D} \int \sum |\nabla_H \psi_i|^2 \, dV + a^{1-D} \left( \frac{1}{2} \int \sum \left| \frac{\partial \psi_i}{\partial z} \right|^2 \, dV + \frac{1}{4} \int \sum (\psi_{\infty i}^2 - |\psi_i|^2)^2 \, dV + \frac{\alpha}{2} \int \prod (\psi_{\infty i}^2 - |\psi_i|^2) \, dV \right) \\ \text{Using the integral properties } \mathcal{E} &= a^{1-D} \left[ \mathcal{E}_0 + \frac{1}{2}(a^2 - 1)(D - 1)(\mathcal{E}_0 - Up_0) \right]. \\ \text{To second order in } a' &= a - 1: \qquad p - p_0 = \frac{\partial p_0}{\partial U} \delta U + \frac{1}{2} \frac{\partial^2 p_0}{\partial U^2} (\delta U)^2 \\ p - p_0 &= (1 - D)p_0a' - \frac{1}{2}D(1 - D)p_0a'^2 \\ \text{Determine } \delta U \implies \text{Expand } \delta \mathcal{E}_0 \implies \text{Compare with } \delta \mathcal{E} \text{ implied to order } a'^2: \\ \Delta \mathcal{E} &= \delta \mathcal{E} - \delta \mathcal{E}_0 = -\frac{1}{2}(D - 1)[(D - 3)(\mathcal{E} - Up) + (D - 1)p^2 \partial U/\partial p]a'^2. \\ \mathcal{E} &> Up \text{ and in } 2D, \frac{\partial U}{\partial p} < 0, \text{ therefore, } \Delta \mathcal{E} > 0 \\ \ln 3D, \frac{\partial U}{\partial p} < 0 \text{ on the lower branch, } \Delta \mathcal{E} > 0; \frac{\partial U}{\partial p} > 0 \text{ on the upper branch, } \Delta \mathcal{E} < 0 \end{split}$$

#### Vortons, springs, etc.

Simplest tractable microscopic model in proper universality class of cosmological systems

Solitary waves moving along the vortex line.

Ansatz  $\psi_1 = (R_1(s) + \chi_1(s, z)) \exp(i\theta), \psi_2 = R_2(s) + \chi_2(s, z)$ , where

$$R_1'' + \frac{R_1'}{r} - \frac{R_1}{r^2} + (1 - R_1^2 - \alpha R_2^2)R_1 = 0,$$
  
$$R_2'' + \frac{R_2'}{r} + (1 - \alpha R_1^2 - R_2^2 - \Lambda^2)R_2 = 0.$$

 $R_{1} \sim \psi_{1\infty} - \frac{1}{2\psi_{1\infty}s^{2}}, \qquad R_{2} \sim \psi_{2\infty} \pm K_{0}(2\psi_{2\infty}^{2}s) \sim \psi_{2\infty} \pm \exp(-2\psi_{2\infty}^{2}s)$  $(\psi_{2\infty}^{2} = (1 - \alpha - \Lambda^{2})/(1 - \alpha^{2}), \psi_{1\infty}^{2} = 1 - \alpha\psi_{2\infty}^{2})$ 



$$2iU\frac{\partial\chi_{1}}{\partial z} = \frac{1}{s}\frac{\partial}{\partial s}\left[s\frac{\partial\chi_{1}}{\partial s}\right] + \frac{\partial^{2}\chi_{1}}{\partial z^{2}} - \frac{\chi_{1}}{s^{2}} + (1 - |R_{1} + \chi_{1}|^{2} - \alpha|R_{2} + \chi_{2}|^{2})(R_{1} + \chi_{1}) - (1 - R_{1}^{2} - \alpha R_{2}^{2})R_{1}.$$

$$2iU\frac{\partial\chi_{2}}{\partial z} = \frac{1}{s}\frac{\partial}{\partial s}\left[s\frac{\partial\chi_{2}}{\partial s}\right] + \frac{\partial^{2}\chi_{2}}{\partial z^{2}} + (1 - \alpha|R_{1} + \chi_{1}|^{2} - |R_{2} + \chi_{2}|^{2} - \Lambda^{2})(R_{2} + \chi_{2}) - (1 - \alpha R_{1}^{2} - R_{2}^{2} - \Lambda^{2})R_{2}.$$



$$\rho_1 = \frac{1}{5}\psi_{1\infty}^2 \qquad \rho_2 = \frac{1}{5}\psi_{2\infty}^2 \qquad \rho_2 > \psi_{2\infty}^2 \qquad \rho_1 > \psi_{1\infty}^2$$

# **Conclusions:**

• scenario of strongly non-equilibrium Bose-Einstein condensation in uniform weakly interacting Bose gas:

weak turbulence  $\rightarrow$  strong turbulence  $\rightarrow$  superfluid turbulence

- (1) details of weak turbulence regime:  $t^*, t_0, k_0$
- (2) formation of short-range order; bimodal particle distribution
- BEC formation in a mixture of two Bose gases
  - (1) kinetic theory
  - (2) mixture of "drift" and "cascade" scenarios
  - (3) possibility of increased rate of condensation for  $\psi_1$ :  $\lambda_{max} \approx 3/4$
  - (4) no condensation for  $\psi_2$  if  $\lambda > 1/4$
- Coherent structures in condensate systems:
  - (1) vortex rings in one-component and "nonlocal" condensates;
  - (2) vortex rings of various radii in each of the components;
  - (3) a vortex ring in one component coupled to a rarefaction solitary wave of the other component;
  - (4) two coupled rarefaction waves;
  - (5) either a vortex ring or a rarefaction pulse coupled to a localised disturbance of a very low momentum;
  - (6) all of the above moving along the vortex line (vortons, springs, etc.);